### GUS Christina Aguilera Introducing The New Holds Nothing Back QUIZ # A FUN FRIEND? Position... It Feels So. Friggin. Good. MAKEOVER From the CosmoLiving Collection 5 Crazy-Specific **Dating Apps That Lead to Love HOT** Pics of **HOT Guys Drinking** Questions

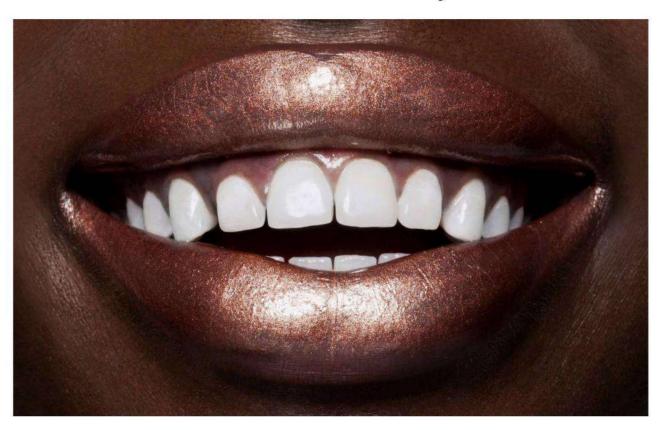
# Score a More Alluring Smile

Your eyes may be the window to your soul, but your smile? Consider it the window to a better dating life. Studies show that people with nicer smiles are perceived as more attractive and successful, and a recent <a href="Match.com">Match.com</a> survey on millennial dating habits found that 71 percent of women and 58 percent of men judge dates based on their teeth. Here's how to upgrade yours.

**By Lauren Balsamo** 



#### 3 Trends to Try



#### Charcoal

"This natural whitener has adhesive properties that attract surface stains from food and drinks," says Lowenberg. Try a toothbrush with charcoalinfused bristles (it's less messy than the toothpastes).

## 2. Tinted Toothpaste

Like the purple shampoos designed to nix brassiness, this toothpaste cancels out yellow tones by depositing tiny purple pigments on your teeth as you brush.

#### 3. Oil Pulling

Swishing with coconut oil for 10 minutes a day can lower oral inflammation by reducing fat-soluble toxins (a by-product of plaque) in the mouth, says cosmetic dentist Kevin Sands, DDS.



Hello Products Charcoal Bristled Toothbrush, \$24 for 6, amazon.com



Popwhite Primer, \$24, amazon.com



**Kopari** Coco Oil Pullers, \$28, koparibeauty.com

